



Instructor's Guide

Drinking and Driving: A Crash Course

Note: For timing purposes, this program does not depict the full multi-step sobriety test process that's given in the field by police in actual suspected DUI/DWI cases before an arrest is made.

Terms and Definitions

Q: What is a DUI?

A: DUI, or Driving Under the Influence, is a term used by various states to refer to driving under the influence of alcohol or any other drug.

Q: What is a DWI?

A: DWI, or Driving While Intoxicated, is a term used by various states to refer to driving under the influence of alcohol only.

Q: What is a BAC?

A: BAC, or Blood Alcohol Concentration, is a measurement designed to detect the level of alcohol in the bloodstream of a person who has been drinking.

Q: What does the term "legally drunk" mean?

A: A person is presumed to be legally drunk if the person's BAC is greater than .10 or .08, depending on the US state where the drinking takes place.

Q: What does MADD stand for?

A: MADD is an acronym for the organization Mothers Against Drunk Driving. Established in California in 1980, the organization is now more than just mothers, and includes all concerned people who want to stop drunk driving, support the victims of this violent crime, and prevent underage drinking.

Multiple Choice Quiz

1. What does DWI stand for?

- a) Driving Without Insurance
- b) Drunk With Injury
- c) Driving While Intoxicated?
- d) Driving With Influence

(CORRECT ANSWER IS C)

2. In most states, you are presumed to be too intoxicated to safely operate a motor vehicle if your Blood Alcohol Concentration is:

- a) .10
- b) .06
- c) .04
- d) Any of the above

(CORRECT ANSWER IS A)

3. Which of the following people is most likely to drive while intoxicated?

- a) A tourist on vacation
- b) A bartender
- c) Anyone who drives
- d) A traveling salesperson

(CORRECT ANSWER IS C)

4. Find the fact among the following myths about alcohol and drinking:

- a) The best way to sober up someone who is drunk is by having the person drink coffee
- b) It takes about an hour for the body to metabolize one drink
- c) Somehow who has had too much to drink will obviously look drunk
- d) Beer or wine is less intoxicating than whiskey

(CORRECT ANSWER IS B)

5. Which of the different types of drinks listed below contains the same amount of alcohol as an ounce and a half of hard liquor?

- a) 12-ounce can of beer
- b) 5-ounce glass of wine
- c) 12-ounce wine cooler
- d) All of the above

(CORRECT ANSWER IS D)

6. Among these drivers visual signs, which one has the highest probability that the driver might be drunk?

- a) Rapid accelerating or decelerating
- b) Erratic breaking
- c) Exaggerated wide turning
- d) Tailgating

(CORRECT ANSWER IS C)

7. Which reason best represents why some people drive after they've been drinking?

- a) Boredom
- b) Over-confidence
- c) Depression
- d) Lack of education

(CORRECT ANSWER IS B)

8. According to statistics, about 3 in 10 Americans will be:

- a) Involved in an alcohol-related crash
- b) Drunk between 1:00 am and 6:00 am on the weekends
- c) Arrested for drunk driving
- d) Weaving and swerving on the highway

(CORRECT ANSWER IS A)

9. A DUI or DWI conviction can:

- a) Result in \$6,00 in attorney fees and other costs
- b) Remain part of a criminal record for life
- c) Result in automobile insurance cancellation
- d) All of the above.

(CORRECT ANSWER IS D)

10. Which of the following puts a driver into a high risk category?

- a) Receiving a speeding ticket
- b) Turning with an extremely wide radius
- c) Receiving a first-time DUI with a BAC of .16 or higher
- d) Driving home after a party where alcohol was served

(CORRECT ANSWER IS C)

11. What should you do if you see somebody who appears to be driving drunk?

- a) Follow the vehicle until it reaches its destination
- b) Report the driver immediately to area law enforcement
- c) Attempt to make the driver pull over to get the vehicle off the road
- d) Safely avoid the suspected vehicle

(CORRECT ANSWER IS B)

12. What's on of the best ways to prevent a potential drinking and driving situation?
- a) Sever only beer and wine at a party, not hard liquor
 - b) Take the keys from a person who has had too much to drink
 - c) Ensure that the designated driver uses alcohol responsibly

(CORRECT ANSWER IS B)

True or False

1. **The person most often killed in an alcohol-related crash is the drunk driver.**
FALSE. It is often innocent pedestrians or sober drivers who die, while the drunk driver lives on.
2. **The first thing affected when someone has been drinking alcohol is their judgement.**
TRUE. After three or four drinks, a person's good judgement is blurred by alcohol, followed by impaired motor skills.
3. **Alcohol involvement in crashes increases during the night and the early morning hours.**
TRUE. Every weekday night from 10:00 pm to 1:00 am, one in thirteen drivers is drunk. During the weekend, between 1:00 am and 6:00 am, one in seven drivers is drunk.
4. **Peer pressure plays a key role in a person's decision to drink alcohol.**
TRUE. The pressure to drive after drinking with friends, rather than go through the embarrassment of calling someone and asking for assistance, is huge.
5. **Drunk drivers are mostly troubled alcoholics who spend most of their time in bars.**
FALSE. There are drunk drivers among all kinds of people, with all kinds of jobs, from all backgrounds, and all locations.
6. **An experienced driver will be able to operate a motor vehicle just as well, or even better, after consuming alcohol as before consuming it.**
FALSE. Many people foolishly believe that their driving skills remain unchanged or even improve after drinking. They become over-confident behind the wheel. Alcohol provides a false sense of security, and plays havoc with reflexes, concentration, and the ability to focus.
7. **You can be considered legally drunk if your BAC is less than .10.**
TRUE. Many states are lowering the legal limit to make anyone with a BAC of .08 or more considered to be intoxicated and unable to drive.

8. Caffeine in beverages can quickly sober up a person who has had too much alcohol.

FALSE. This is a common myth. Only time sobers, and it takes about one hour to metabolize each drink.

9. Nine out of ten insurance companies automatically cancel a driver convicted on a DUI/DWI violation.

TRUE. As a result, the convicted driver must find a high-risk insurance company, and rates may increase \$1,000 a year or more.

10. The primary reason why many people end up driving while intoxicated is a lack of planning.

TRUE. They don't arrange a ride, call a cab, or select a designated driver, and consequently, find themselves in a potential drunk driving situation.

“Thought” Questions

1. What would you say to someone you know who repeatedly drives after drinking?
2. Should a person with more than one DUI/DWI conviction be allowed to drive again?
3. Do you think enough is being done in your state to protect the public from drunk drivers? If not, what would you like to see your state do?
4. What role should schools and education play on the subject of drinking and driving?
5. Have you (or someone close to you) been affected by a drunk driver?