



SOMETIMES THE LAW  
ISN'T ENOUGH.

What would you do  
to force justice  
to pay attention?



# BULLY FIGHTERS

INSPIRED BY TRUE EVENTS

STUDENT  
WORKBOOK

**BULLY FIGHTERS** is a 25 minute fictional film that is inspired by true events. The film was created as a tool to help inspire conversation on the topic of bullying.

**Commentary by Jupiter J. Makins (writer, director, producer of Bully Fighters)**

I believe that words are powerful, spread quickly and are one of the first movements towards bringing people together for change. My personal goal is to get young people out of the idea that bullying makes them feel "cool" and into the true feeling that *empowering people makes them great!*

Note to bullies: I don't believe those who become bullies truly understand the effect they have on the life of their victim. I think when a bully starts to realize this effect he/she is so involved in the bullying that she fears to be anything other than what she created. I promise you, the best thing you can do for yourself is push past your fears or resentment or anger and change: Working at being better is your greatest power for it leads you to *greatness*.

**Commentary by Patricia McKenzie (producer of Bully Fighters, also starring as Reggie Shore)**

I hope watching Bully Fighters has changed you in some way. Making this film has changed me. The character Reggie Shore is a strong voice in a sea of ignorance and indifference, and it's her voice that keeps me fighting for those who can't fight for themselves. No one should feel alone. As individuals and as a community we have a responsibility to help others. Why do we treat bullying like a personal problem? When someone's life is being threatened, we get help, we call the police. When someone's life is being threatened by bullying, what systems are in place to help that person? Is it enough? What can you do to help?

**Educators please provide the following contacts/numbers in your community:**

School Counsellor: \_\_\_\_\_

Local Police: \_\_\_\_\_

Help Line: \_\_\_\_\_

Suicide Help Line: \_\_\_\_\_

Other: \_\_\_\_\_



# BULLYING STATISTICS

**79%**

of bullying starts at school.

## TOPICS OF CONVERSATION FOR EDUCATORS & PARENTS:

What can schools do to make it more comfortable for kids who are being bullied to report it?

Should schools expel bullies? What should be the warning procedure?

**32%**

of students 12-18 reported being bullied.

## TOPICS OF CONVERSATION FOR STUDENTS & PARENTS:

How can you make talking about it at home comfortable and easy?

What can parents do to help?

**23%**

of students felt they were bullied frequently.

## TOPICS OF CONVERSATION FOR STUDENTS & EDUCATORS :

Do you feel your school does enough to help prevent bullying?

What would you suggest your school does to help prevent bullying?

## WHAT IS BULLYING?

Repeated, persistent and aggressive behaviour intended to cause fear, distress, or harm to another person's body, emotions, self-esteem or reputation.

**Every time you help somebody stand up, you are helping humanity rise.**

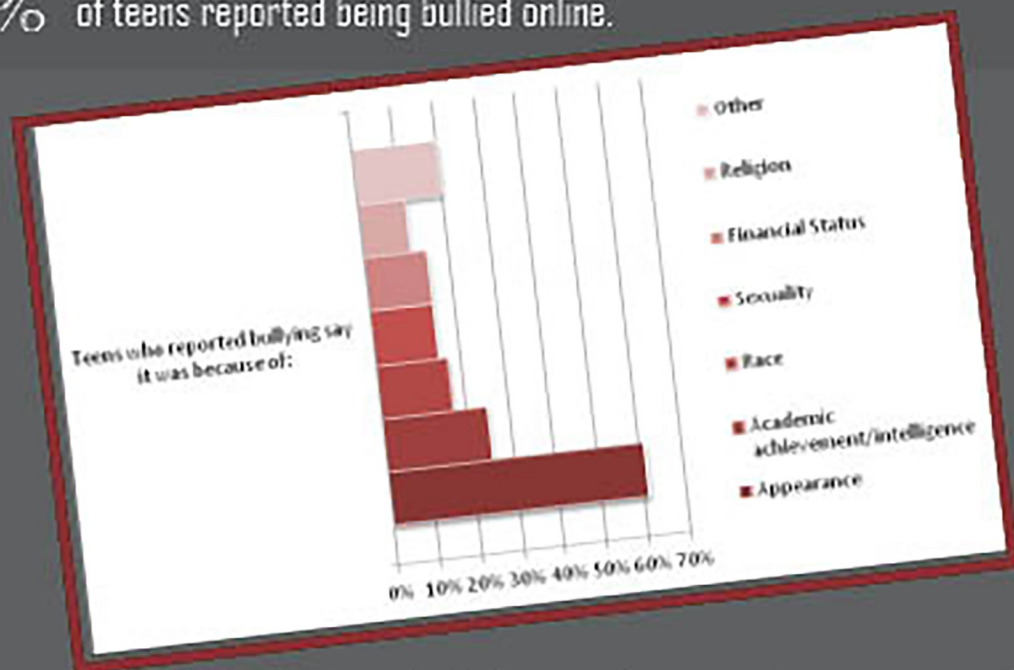
*Dr. Steve Maraboli*

# CYBER-BULLYING



>80% of teens have a cell phone they use regularly. It is the most used medium for cyber-bullying.

24% of teens reported being bullied online.



41% of girls 15-17 report being bullied--more than any other age group. Girls of all age groups are bullied more than boys online. More girls are cyber-bullies than boys.

**1 in 6 PARENTS KNOW THEIR CHILD HAS BEEN BULLIED ONLINE.**

## CYBERBULLYING IS BEST DEALT WITH BY PARENTS

### HIGHLIGHTED TIPS FOR PARENTS:

- \*Make it a daily habit to discuss what is going on in your child's life so sharing things with you is comfortable and normal for your child.
- \*Don't make light of the situation by saying "Words can't hurt you." **WORDS can KILL!**
- \*Take careful steps when informing schools and authorities as it can escalate the bullying of your child if the bullies find out. Monitor efforts to ensure the bullying is being dealt with and not causing bigger issues.
- \*\*RESEARCH TIPS MORE FOR PARENTS TO HELP RESOLVE CYBERBULLYING.



**SUICIDE IS THE LEADING CAUSE OF DEATH IN CHILDREN UNDER 14. SUICIDES AMONG 15-24 YEARS OLDS IS THE THIRD LEADING CAUSE OF DEATH**

A study across 13 countries found signs of apparent connection between BULLYING, BEING BULLIED and SUICIDE.

Bullying victims are 7 - 9% more likely to consider suicide.

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75%

of school-shooting incidents have been linked to harassment and bullying

87%

of students said shootings are motivated by a desire for revenge

## SUICIDE FROM BULLYING

In numerous cases where bullying victims killed themselves, it was found that bullies had told the teen that he or she should kill him or herself or that the world would be better without them.

*Cyberbullying leads to thoughts of suicide more than traditional suicide.*

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### SIGNS OF DANGER

#### What are they saying?

Suicide victims talk or joke about suicide.  
Homicide perpetrators talk or joke about killing.

#### What is their search engine history?

Teens considering suicide tend to research ways to commit suicide first.  
Teens considering homicide tend to research outcomes of homicide.







## IS BULLYING A CIVIL RIGHTS ISSUE?

### POINTS TO CONSIDER

- \*The actions of bullying are no different than those of HATE CRIMES.
- \* Bullying is not about teasing but about VICTIMIZATION.
- \* Students have the RIGHT TO BE PROTECTED as a measure of due process.
- \* Students should not be denied EQUAL RIGHTS OF PROTECTION of the laws.

**If an adult harrasses or harms another adult he or she is arrested, charged and tried in court.**

**Why is a student who is harrassed or harmed by another student undeserving of the same measure of due process?**



# CLASSROOM QUESTIONS/DISCUSSIONS

relating to the short film

**BULLY FIGHTERS**



**When the whole world is silent,  
even one voice becomes powerful.**

*—Malala Yousafzai*

What was the CRIME Randy Cullin COMMITTED?



WHY did Amy Cullin feel that her son Randy  
WASN'T THE CRIMINAL?

Who do YOU believe is the REAL CRIMINAL—  
Randy Cullin or the three bullies? WHY?

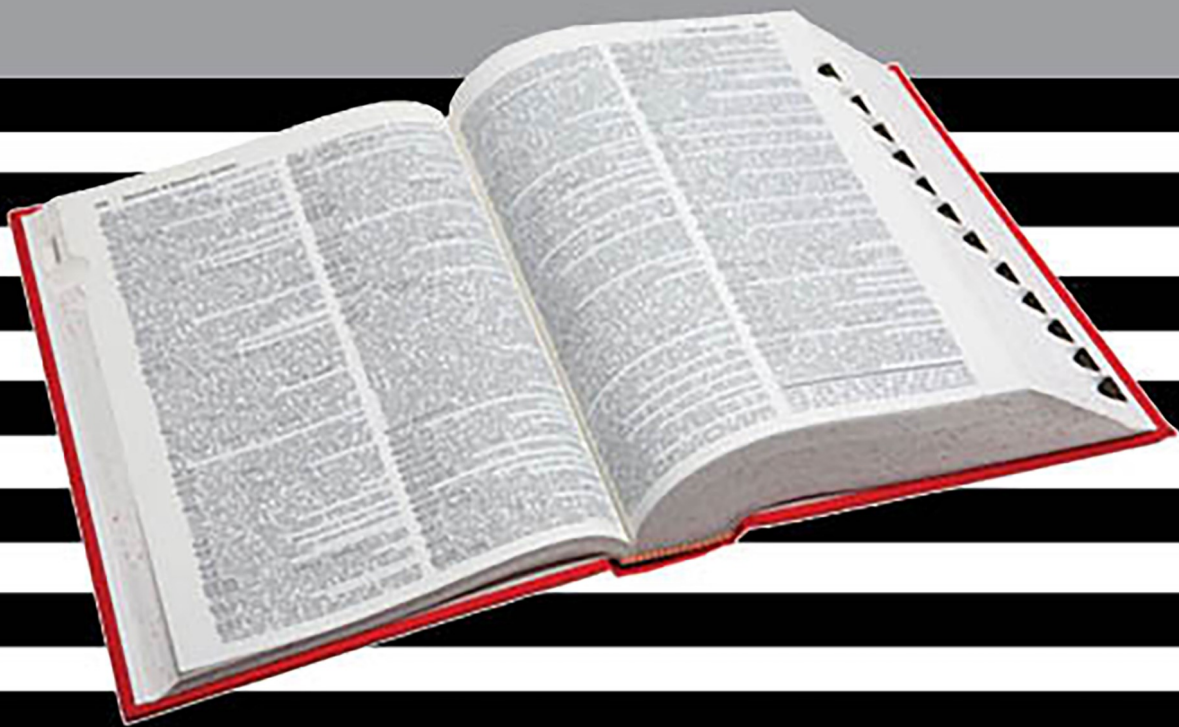


WHY DIDN'T ATTORNEY  
REGGIE SHORE WANT  
TO TAKE THE CASE TO  
PROSECUTE  
THE BULLIES?

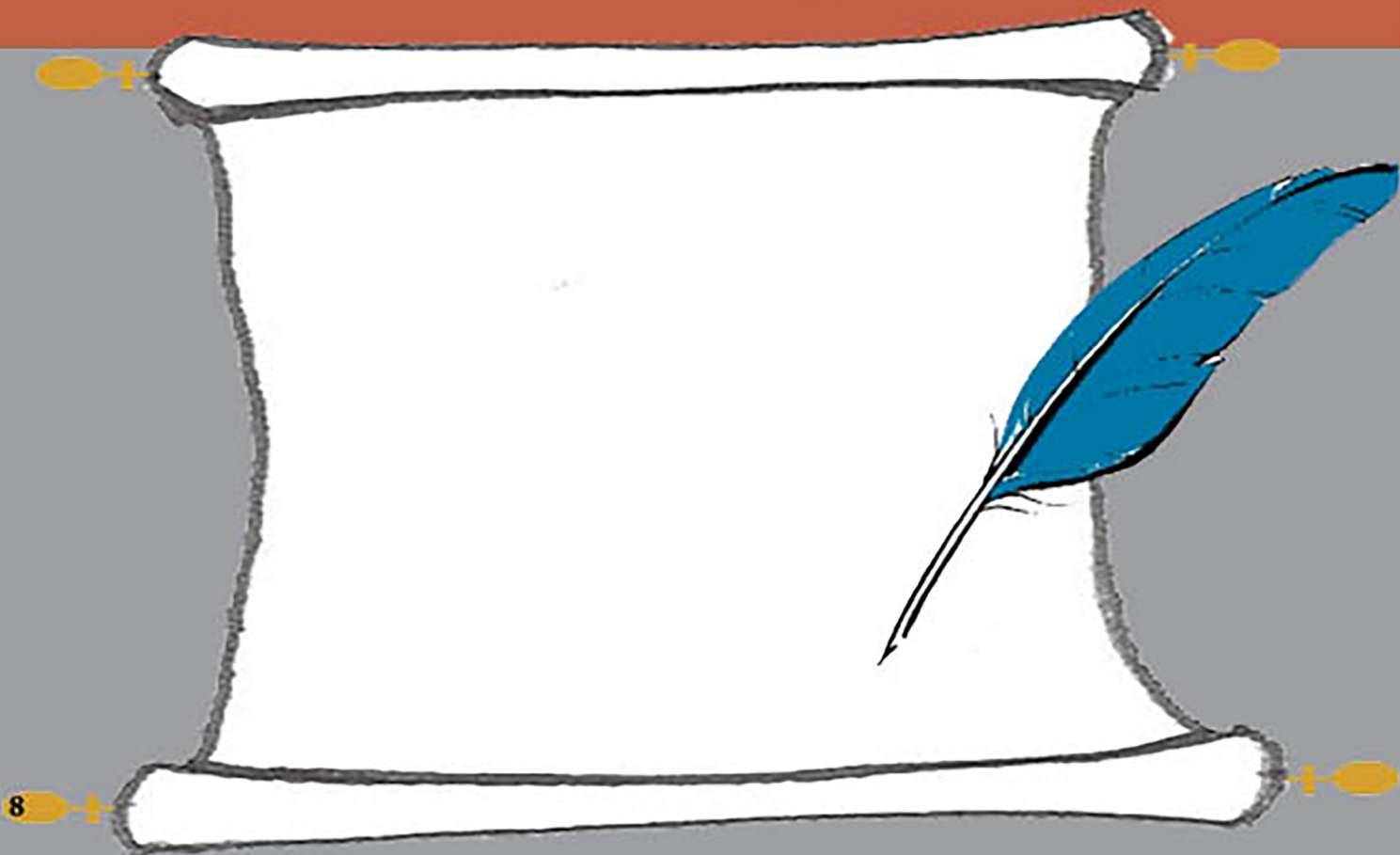


What helped her to  
change her mind?





*What is the* DEFINITION *of*  
**Constructive?**  
**Manslaughter?**







Why didn't Judge Sanders rule to give Randy Cullin a MANDATORY MINIMUM SENTENCE of FOUR years?

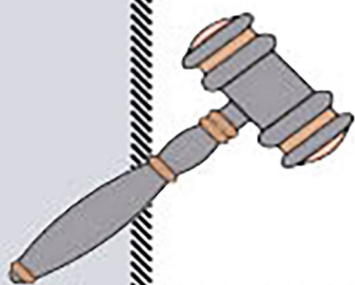


What did Judge Sanders mean when he said Randy Cullin already paid his dues in a government institution?

DO YOU  
**think**  
*the Judge's*  
RULING  
**was fair?**



WHY or WHY NOT?







Do you think  
**MANSLAUGHTER  
CHARGES**  
are *extreme* for the  
**crime of bullying**  
when a bully repeatedly  
tells a bully victim to  
**COMMIT SUICIDE?**



**Do you think if there was a law that could charge bullies with manslaughter in a case when the bullies coax their victim to kill himself that it would help prevent bullies from bullying a victim to this extent?**

*Why or Why Not?*

*Describe the best argument you believe why the bullies*

**should**  
be charged with  
manslaughter.

do both

**shouldn't**  
be charged with  
manslaughter.

do both







DESCRIBE  
what made  
Evelyn Lee  
*feel* like  
her life  
wasn't **WORTH**  
*living*?



**W**hat's YOUR  
Verdict? \_\_\_\_\_  
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**#yourverdict**

# ADDITIONAL QUESTIONS

1. What makes someone a target for being bullied?
2. How would being bullied make you feel?
3. Imagine being the bully and growing up with regrets. What would you say to apologize to your bully victim?
4. Now imagine you are the one being bullied. What would you want the person(s) bullying you to know?
5. What are you willing to do to help stop bullying?

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## CLASSROOM EXERCISES

Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has. — Margaret Mead

### EXERCISE A:

Divide into groups. For a time limit set by your teacher, pretend you are the jury in the film. Debate in your group whether or not the bullies should be found guilty of constructive manslaughter? Before the time is up, vote on a decision. Is it unanimous? Or a hung jury?

### EXERCISE B:

Divide into groups and as a group decide on a bill to be passed through parliament that will create a law to do with bullying. Each group present your bill to the class. As a class vote on the bill that you want passed to become law.







Bully Fighters Trailer



[www.thebullyfighters.com](http://www.thebullyfighters.com)



Bully Fighters Page



@BeABullyFighter

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## Notes & Thoughts

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Power moves with you when you have an intent to serve more than yourself. - Anthony Robbins

